# From Existence to Life

Center for Consciousness Studies at University of Arizona 2020 Science of Consciousness Conference, THEME ---- **CONSCIOUSNESS REBOOT** 

Having seen the theme for this conference, I felt compelled to document the steps I took for what has been labelled a spiritual awakening. I have often referred to my experience, which occurred February 2016, as a reboot since my aim was to regenerate my consciousness from that of the human race to Divine Consciousness, "like a reboot, yet from True Premise" is the way I have stated it. A few people aware of my experience suggested I write a book; yet while monumentally profound in numerous aspects, I have always felt it to be purely a transition.... that the best is yet to come. Seeing this conference theme tho I felt like it was my cue, that my time is now, to express what needs expressing, especially since I recently found the science behind my experience which I will put forth as well.

Much of what I experienced is, as I stated earlier, referred to as a spiritual awakening, specifically a kundalini awakening. However, from observation over the 5 years since, I have concluded that if there is no documented science behind such phenomenal experiences they are tossed into the spiritual category..... that which cannot be explained...... mystical, of other-worldly nature..... perhaps even psychosis. It was none of those. I underwent transformation, an upgrade to higher, more evolved universal modes of thinking, feeling and being. It has been most extraordinary, I would wish this upon all members of the human race.... awakening to All That IS. That is my Prayer, my Word, for all Creation.

First I must speak to intention. While I will refrain from speaking outright to details of the back-story, note that I was *irrevocably done with human suffering*.... my own, yes, but more significantly that of close friends and family members. It felt as tho WWIII were in my own back yard beginning 2011 and after about 2yrs of incomprehensible events I could no longer jump back into the game of life, that instead I "wanted to know God" were my words assigned to my desire. I simply refused to believe in a Creator that would allow for such severe catastrophic conditions for others so near and dear to me. Very soon my intention to know God grew beyond measure, fueled by anguish and a fierce demand for answers. I cannot emphasize enough how imperative is one's intent to be impassioned, clear and pointed, no matter the target. Whether to be the #1 golfer in the world, a rock star or an astronaut or teacher, or to know God, always where the aspiration is uncompromising you will get your way.

Next to surrender...... and this is where it gets really interesting. It has been said by most folks who step on the spiritual path that they feel they are being guided. I absolutely agree with this feeling as I encountered this immensely. Looking back I see now where circumstances kept unfolding that created the environment, the pathway for my journey, as if it were being arranged by a Master Conductor, by a power that indeed is That Which Creates All Things. I have stated to folks it was as if I were plucked by the shirt collar out of my boat off the lake and plopped down into a corner to stare at a wall for a couple

years.... alone, in the silence. So I now fully understand when others claim to be guided. It is a most interesting time and actually quite comforting.... this feeling of being surrendered to a Higher Power when in the past I had always felt obligated to plan and execute, to be in control. I came to accept myself engaging in activities that were highly uncharacteristic and unorthodox, and allowing my mind to be steered spontaneously into places it never before explored. I had been relieved of my conditioned response to administer everything. Soon I surrendered solely into the hands of Life Itself, that which beats my heart. I have now come to know this as part of the Self-realization process. Higher Self, God, the Universe is responding to the call of Its Creations and will arrange the necessary environment and circumstances for the fruit to blossom; it is most amazing.

Next, identity. Late 2012 a woman 10yrs my junior came into my life who was key in challenging my most tightly-held beliefs about myself as a person, a family member, as a degreed businesswoman, an entrepreneur, an outgoing community member.... roles and personality we habitually acquire. Night after night for about a year I willingly entered into this subtle identity deconstruction game with her, all the while unknowingly enabling the groundwork for an entirely new identity to be established later on. Again, all this was brought to my doorstep by this highly Intelligent, Loving God/Universe.

Finally, attention..... and is where I will detail the steps I followed for my consciousness to regenerate. I did not outline these steps prior to my quest like one plans a trip; I was totally surrendered, being led all the way, and can only now look back to retrace my steps. The only thing I did was state my intention---- I was DONE with human suffering and I wanted to know God NOW. Surrender, identity, attention.... all these things came naturally as a result of my steadfast intention.

From that point forward teachers and teachings came into my awareness from seemingly and effortlessly out of nowhere, and in all cases all were influential in varying degrees, and all honed my attention further and further inward to where I was actually "staring at walls" 4-5hrs/day. Having no experience with meditation (or even understanding this to be a most critical practice) I would simply take up a teaching and embrace its meaning.... its intent, its spirit.... and drift into quiet contemplation for hours a day only to find myself 'coming to' and staring at a wall! Or into a bonfire.... or the shimmering lake water.... or clouds drifting overhead. I was not in some la-la place or zoned out; I was tuned in to a different frequency and at times I could literally feel shifts in my consciousness to a more righteous state, aligned. The teachings went from quantum theory, to mind science, then to meditative science. I so desperately wanted to comprehend the Bible but it was Greek to me as my mind only heard the parable, not Truth (actually the word Truth was completely foreign to me at the time).

So I was led to quantum theory first where I learned of the not-solid nature of physical objects, including our own bodies. And by not-solid, I mean not of material substance.... that which we call physical objects are 99.99% non-material. This was a real eye-opener for a 53-yr-old businessperson who, except for Newtonian-based high school biology & chemistry, never had exposure to this science which dates back well over 100yrs and shares commonality with ancient wisdom (not even knowing what ancient wisdom was at the time). I felt like I had just crawled out from under a rock, what a revelation that was!

It opened my mind up to the Bible's reference to "man being made in the image of God"..... the body as an image, a picture, a hologram.

Next was mind science, Ernest Holmes' *Science of Mind* specifically, which aided in my expanding perspective of man's metaphysical nature, mind as Universal and God as Principle, First Cause, the mental Substance and Sustenance of all existence which can be accessed thru meditation. Holmes made several references to Thomas Troward; I ended up devouring all of Troward's works, including *Bible Mystery & Bible Meaning* which examined the Bible's teachings from a metaphysical perspective. I was thrilled to be one step closer to comprehending the Bible!

In one very discreet footnote of hundreds, Holmes also recommended an unknown gem called *Mind's Silent Partner* by a Dr. James Porter Mills. Again the Universe at play, this pamphlet is where I learned of consciousness regeneration. When I took up this teaching early 2014, my identity was already totally deconstructed thanks to evenings with my friend, yet my mind had not settled enough to meditate. It was clearly still very much reflexing and reeling from happenings in the external world, restless/rattled/disturbed.... as Mills' puts it, a product of human race consciousness. Meditation being focused attention, I had no concept of that practice being linked to God, only that people meditated to relax. I had not yet clearly understood there to be a completely different Source from which one could perennially feed the mind..... that one's self-conscious existence could be illuminated by the Most High as opposed to the rumblings of race thought. I always understood I could have a passive relationship with God thru occasional prayer; I never once gave thought to Mills' view that one's existence on this planet could be as Jesus experienced it as Son of God. I realize I am speaking here in sensuous religious terms, but this is where my mind was back then... being fed by only the sensorium, the five senses, which capture vibrations from the world outside myself where it appeared all experience was happening and where I was sourcing all my thoughts.

Mills' premise is that the human mind-body organism is manifest ultimately for purpose of Divine Consciousness, and that man is simply still in his kindergarten of race consciousness which has him in an apparent perpetual search for his Creator somewhere outside of himself. In other words, man has yet to become self-conscious of his I AM within, his Principle of Being. Mills goes on in premise that language is scientific, that every word ever created by man has intent, a purpose, a spirit, and those words which have the spirit of Truth in them will lead us back to the Great Spirit ---- PRINCIPLE.... That Which IS.... Stable, Immutable Law.... the I AM ---- within us. Meditation of such great words of Principle thru the I AM statement of Being - Omniscience, Omnipotence, Omnipresence, Health, Spirit, Divine-Love, Infinite, Eternal, Faith, Wisdom, Substance, Life -- will bring forth the Original Spirit, the True Life, of those words direct from Creation into one's consciousness, evolving it into higher realms. And like Holmes & Troward, Mills (even as a medical doctor) understood man's true metaphysical nature, that the Source of life is not of a physical nature (as there is no physical matter in reality per quantum physics) but of a mental Substance. As such in order to sustain and enjoy self-conscious life, free of all burden and turmoil including sickness, disease, illness & even death of the body, and to indulge everlastingly in Divine Wisdom and Knowledge-Love with no vagaries in consciousness whatsoever, one must give way (surrender) to the Great Spirit of Life.... Principle.... to flow thru the metaphysical mindbody organism. We draw upon Principle for our great sciences and arts and inventions and architecture, he says, so let us draw upon that same changeless IS-ness for our own personal development, our own continuance of self-conscious life, and our consciousness evolution. Essentially thru meditation we can reconstruct our consciousness based on Truth and exonerate that of the human race which is based on the false premise of separation as perceived by the sensorium. This is what Jesus, the Master, had done and encouraged all others to do. I bought into all of this, accepted it as My Truth, and immersed myself into the silence. Was *pulled into like a vortex*, as a matter of fact.

Here is where I must take pause because while I had surrendered my mind-body organism over to the Great Spirit of Life, I was having major "physical" problems in my body.... the most looming being a 20year battle with heart palpitations. In other words, while I could grasp my metaphysical nature intellectually, I still had not made conscious connection with this new reality and certainly was not living it. Enter Regina Dawn Akers and her *New Testament Interpretation (NTI)*, a translation of the New Testament. Again brought forth by the Creator, this Great Spirit of Life that is always answering to the call of Its Creations, the significance of *NTI* is that it revealed my True Identity to my consciousness as that of Divine Peace and Divine Love. It took only two reads and contemplation over only 3months of this magnificent teaching to take my deconstructed identity to its true heights! Reigning new thoughts and finally coming to Know Thyself as the Peace & Love of God, my heart palpations of decades vanished. "Hey, this God-stuff is for-real", I declared to myself! I threw out my 3 prescriptions, including nitroglycerin, and ripped up my appointment card with my cardiologist. I used the quotes sign (") above when referring to my "physical" problems because I have since learned them to be mental..... rooted in my self-consciousness, not in the body.

Regina also had scribed a pamphlet called *Inner Ramana* which is an interpretation of the great Indian sage's discipline, *The Spiritual Teaching of Ramana Maharshi*. Here she spells out in clear Western terms what is self-inquiry; and that the only alternative to self-inquiry is surrender.... complete, unconditional, absolute giving way to one's Creator. The latter was like a Divine Green Light to Heaven for me as I had already surrendered my mind-body organism over to the Great Spirit of Life.

Incidentally, as part of my practice I would frequently skim the index of *NTI* and with closed eyes select a passage for contemplation. The morning of my experience I chose *NTI Luke 24* which begins with, "I have promised you if you give Me your faith and willingness, and listen to Me and do as I say, I will give you an experience that you did not expect." I recall slamming my fist on the breakfast counter and yelling out, "I HAVE surrendered my entire life to You, what else can I do???" in total exasperation.

Back to Mills. Having my identity now grounded in Truth, and a thumbs-up from Ramana Maharshi (even tho I honestly had no clue who he was at that time.... I could barely pronounce his name correctly), I could focus on regeneration. The meditations outlined in *Mind's Silent Partner* were of a progressive structure so that each would build upon the previous. At times I would stay stuck on one for many weeks before my mind would accept the Truth that was being revealed by the words and made real in my consciousness. Even tho my heart palpitations had dissipated, health was still a HUGE stumbling block as I always consulted doctors for problems with my body, believing in their accredited

knowledge and that only some prescribed pharmaceutical could cure ills. So to be healthy simply thru meditation, as a mode of Being, was utterly stultifying to my mind. Especially since as I continued with Mills' meditations I began feeling a very pronounced pressure building from the top of my head downward thru my temples, into my jaw and neck, then shoulders.... so that by late 2015 and up to nearly 8hrs/day in contemplative practice I was an outright physical mess! I kept seeing or hearing the message "24x7" everywhere, to give it all I had, even tho it felt like my head was about to explode from aneurism or that at any moment I would pass out from the sheer pressure! So, indeed, while other Truths were becoming evident and indisputable and even experiential, Health as a Principle of my Being, an immutable universal law, was a bridge too far for me at that time. Honestly, it was not until well after the awakening that this piece was transformed in my consciousness.

Early 2016 came the experience. Here is a link to <u>a video clip</u> I submitted to Emerging Sciences Foundation early 2020 where I briefly expand upon things. I had 5 minutes to answer 5 questions for their project called 'Tell the Story of Awakening'. The first couple minutes are a bit redundant.

Yes, I spent 3 full years in Bliss Consciousness and is why it was not until early 2019 that I came out of my cocoon. During this Bliss period I had no desires whatsoever, zero/nada; and by that I mean I was like a babe in the woods, marveling at simply being alive, finding laughter in my old beliefs and in observing all the world's shenanigans, having complete nonchalance about everything.... total detachment. I possessed an overwhelming affinity towards the earth, Mother Gaia, like I was part & parcel of her... mountains in particular, all things rock, but even things like the weather which I really never gave much attention to. I describe in the video clip of having no negative human emotion but in fact there was no positive emotion either as Bliss Consciousness inhibits ALL human emotion. Bliss is Original Feeling, a state of consciousness.... Original Consciousness... not an emotion. Intuitively I came to know my Bliss as a built-in protection mechanism to allow for the newly liberated consciousness to integrate a more evolved reality into my being, my whole mind-body, without any mundane external influences. I had no idea the Bliss would peak, I simply rode that wave to its fullest where it eventually gently landed me in a state of what I call Universal Peace, that still-point where all else in Creation emanates harmoniously. It truly was an exceptional period in my life!

So for the last 2yrs I have been exploring what happened to me and is how I have arrived at my current knowledge of the beautiful nature of the highly creative Universal Mind and the loving Self-Organizing Laws of Physics that I feel are behind much of what I experienced. Once again, the Universe at play, I simply set the intention to comprehend my experience IN TRUTH and "like magic" I got my way.

But before we look at the science, I wish to quickly clarify the steps I was guided by Higher Consciousness to evolve my consciousness, altho I still often refer to it as a reboot.... or a rebirth even.... depends on who may be listening. The steps are really quite simple and are very much a union between Eastern & Western philosophies. We recognize we are of Divine Origin, we have self-evident altho unconscious connection with that Origin at all times, and that it is our inherent right to bring that connection and all of its potentialities into our self-consciousness. We do that thru meditation because

all life is of a mental substance, it is Consciousness, the primordial basis of all Reality. To sum things up, here is what I did, easy & shareable to all:

- 1. <u>Update your science</u>. Your mind must grasp, hold & accept as Truth the non-solid nature of physical matter and that all life is of the mind... of a mental nature... Consciousness. What appears to be an environment full of solid objects separate and apart from themselves, Truth is all are sensuous forms of Consciousness, including our bodies... all is One Conscious Being... and what we interpret as matter is an exact correlate to how we perceive ourselves. This is the ultimate "letting go" for most folks who live/eat/breath from the old materialist paradigm. One can intellectualize on this forever, yet to break the mind free and live from this perspective without deviation takes practice. Or an awakening. There are 1000s of books, and online seminars and conferences on the science of Consciousness, the Unified Field and fractal physics. Man's science is a subset of Omniscience so get yourself up to speed with current facts. Your mind-body organism is much more than you know, way more powerful.
- 2. <u>Set your Intention</u>. "I want to know God." "I want to know my Creator." "I want to Awaken." "I want to Embody only Truth." Desire ONLY such an intention then prepare for your ascension into Heaven! Your intention must be pure and infused with compassion since, as we will see in a bit when looking at the science, compassion creates the environment ripe for ascension (going to the next dimension, which will definitely awaken you).
- 3. <u>Claim your True Identity</u>. Recognize and assert your Divine Origin, your Universal Nature! Break free of your conditioned belief that you are your parents' child, a descendent of your ancestors with traits and genes and behaviors... forever subject to prevailing race consciousness. Truth is you are a creation of Omniscience! Embrace deep within your entire Being and meditate on the I AM, the Principle behind all creation. Qualify it.... I AM Divine Love, I AM Infinite or I AM All That IS, and have this REAL Identity take root in your consciousness and blossom. For me I gravitated to a combination of Akers/Mills' declarations, "I AM the Holy and Blessed FREE Son of God (as religion was still in my consciousness), I AM Infinite Spirit of Eternal Life!"
- 4. <u>Surrender</u>. Give in, give over, completely give way to your Creator! This needs to be made perfectly clear—only Creation evolves your consciousness; it is an evolutionary aspect of our physiology and like having a baby, you are not doing the work. You can change your mind all day long, but only Creation can change your consciousness. Total surrender eliminates any resistance from the thinking mind which would try to reason thru what is going on, what needs to happen next, etc. For me I surrendered my entire life over to God because I was genuinely excited to be done with suffering and to follow in the Masters' footsteps as a brother, to allow for The Great Spirit of Life to flow thru me at all times! Yet I have since come to see that there is much human race and ancestorial influence in our psyche that we are completely unconscious of, and that total surrender is necessary also to have all false beliefs and error patterns cleared out in one fell swoop. There is a gold nugget in total surrender too.... it is the Knowing that all will be well, which grows each day. The feeling of Absolute Knowing, Gnosis, is a most fabulous sensation, inspiring one into further practice.

- 5. Meditate. Focus your attention on your intention! Then call things up, evoke... awaken! Words carry spirit; meditate on the Great Words of Truth and allow the energy of the words to rise up into your self-consciousness from Creation, Universal Consciousness, nestled in Pure Principle, "wherein lies all Life, Omniscience and Omnipotence by which worlds are framed" as Mills so eloquently states. There are meditations which bring peace of mind, others that deconstruct self-limiting beliefs, others that have you maintain awareness of your awareness, and still others that bring about modified states of consciousness that have your awareness leave your body at will, for instance. All cool. But your intent here is to evolve your consciousness, to attain liberation; such meditations are self-dynamizing (Aurobindo) and will align your consciousness with Universal Principles. For me I resorted only to Mills' powerful meditations, one of my favorites being "Come now forth, Thou Living Word, light the offices of my mind; my spirit is Thy Spirit, a wellspring of Truth rising up as Eternal Life within me!"
- 6. <u>Abide</u>. Do not sway. Be a rock, do not roll. Unwavering. In other words, do not get caught up in the world of mundane human race consciousness during regeneration. Abide (Ramana), persevere in your meditative practice, *laser-focus on the I AM*. Regeneration occurs within so to seek outside yourself for answers is not abidance. If you want to know God, truth is you ARE the answer you are looking for. Go within, stay within.

## THE SCIENCE

It did not take long before the science behind my experience fell into my lap. But of course, I set that intention! I had been taking peeks in several places whenever prompted, and all of those organizations and foundations provided some small piece of the puzzle. However recently while viewing an online conference where several of my favorites were presenting, up comes physicist Dan Winter (whom I never heard of) who began speaking passionately about the importance of the peak bliss experience! Needless to say since then I have been pouring over Dan's science, the plasma physics involved behind all experiences within consciousness. I'm no physicist..... yet..... but all the science is right here. I can without doubt say, in the same buoyant offhand way that Dan comes across, that essentially:

# I got em-bed with my Self and fractally imploded!

The physics speak to what is perception, intention and attention, coherence, compassion.... the importance of compassion and why human beings should develop this fully.... plus the necessity for peak bliss experiences. Let's dive into things! Keep in mind some of the current basic physics:

1. The Universe is comprised of energy, frequency and vibration, and at the quantum level there exists wave mechanics. Space is not empty.

- 2. There are two opposing yet harmonious forces of the Universe: the centrifugal outward spiraling flow of ether that is electromagnetic radiation and the centripetal inward spiraling flow of ether that is gravity. These two flowing pressures occur outwards and inwards between the two realms of space-time and time-space. Our normal waking experience is of space-time, the outward spiraling flow. Thru meditation we can have waking experience of time-space.
- 3. The human aura is a cold plasma domain.... conscious light.

### FROM DAN WINTER'S BOOK, Fractal Time-Space

In short: Fractality is the way your aura/toroid/cold-plasma 'body' ('etheric'/ KA) gets centripetal / implosive ... A big aura is the only way to get sustainable / immortal / powerful / 'divine'. Fractality / Phase conjugation there implodes a portion of your charge envelope thru the speed of light (longitudinal embedding, the 'EL') which is that 'everywhere at once'/action at a distance field effect engineering which characterizes ALL spiritual literature ... (your BA). Coherence (refined attention) in that field ('remote viewing'): enables lucid dreaming / astral travel / and memory through death.

We are so often asked if this new fractal implosion physics is so dramatic and important you must be able to make it simple and tell us what it means to average people. What fractality is could not be simpler. The Universe is simply made of rotating compressible waves of charge. That rotation (spin) WHEN NESTED IN ROSE LIKE (fractal/conjugate) patterns creates implosive charge (they 'get centripetal') which makes gravity and mass (and ultimately consciousness).

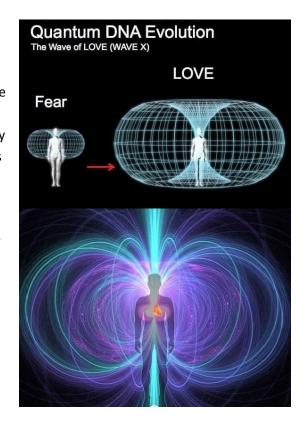
SO!!! When I stood up and declared "no more human suffering, I want to know God", this emphatic and perfectly pure intention set in motion quantum wave mechanics that immediately began attracting Self-similar waves to my energetic system, my aura, which is conscious light. Waves exist in a state of potentiality until determined by intention to become transduced on the physical plane of space-time existence. And is how Regina's NTI and Mills' Mind's Silent Partner came into my awareness because their contents highly resonated with my intention. Those teachings are of Principle and the more I held them in my mind the more I was attracting Self-similar waves inward/centripetally into the core of my being. As I came to identify with the Divine Peace & Love of God thru NTI, my heart center settled into a state of stillness and is how my palpitations ceased. "Peace," according to Dan, "is where waves learn to agree to share. Peace begins in the heart. This is ancient knowing. The heart becomes coherent and harmonically embedded when you feel at peace."

In physics compassion is compression; so the more compassion for my brethren I felt, the more fractal.... similar... my aura was becoming. Says Dan, "Fractality, or self-similarity, is the ultimate or limit or perfected state of coherence, for it is the only way waves of an infinite number of DIFFERENT wave

lengths (harmonic diversity or inclusiveness) can all be locked together. The golden ratio is the ultimate state of fractality or self-similarity. It defines the state of the 'inside that looks like the outside'. Metaphysically this is Compassion. A feeling of compassion permits compression which permits centering. Love creates the centering force. The centering force keeps the torus standing still. It is what happens when waves collapse implosively toward a center. The centering force is the essence of the role of mind among waves – to persuade waves to agree – to compress and thus create the centering force. Perfect compression is identical to compassion – both are examples of successful sharing (symmetry) of space."

My heart, which had already been strengthened by the enormous levels of compassion I had been taking in, completed the vibrational loop with my brain to establish the coherence necessary for this perfect golden mean ratio wave nesting within my being. Dan says, "Coherence is the difference between a flashlight and a laser. Coherence is when ALL the soldiers marching across the bridge are in step. Coherence is when the different harmonics within a complex wave, like your heartbeat, are musically 'locked' into phase. This is called 'phase discipline'. Coherence at any level is (ultimately) coherence at every level. When waves share space in coherence, perception is possible." And my perception of myself was shifting... expanding... DRAMATICALLY... as was my aura!

"Fractals change form, shape and vibration into higher and higher evolving patterns – an encoded thread linking larger spirals into smaller spirals on to infinity," says Dan. "Fractal shapes made out of electrical charge create attraction." So as I came to identify with the Pure Principles of Omniscience, Infinity and Eternity my upper body began resonating those higher frequencies and is why I was feeling so much energetic pressure. Dan says, "The EKG during empathy and compassion generates a harmonic series based on golden ratio because it is the way all biological oscillators take their armoring down to become touchable. This is naturally done only when the biological organism has found something WORTH SHARING. Thus discovering something which illuminates Pure Principle results in feeling a great electrical rush or tingle. It is biology's way of informing you that you have found a proper way to EMBED and thus not die." I literally was EM-BED with my Self!



Waves of Pure Principle are pregnant with symmetry and will weave a perfect golden mean ratio nesting pattern given the proper environment which I was allowing for since I was completely surrendered. Had there been any resistance from my thinking mind there would have been a totally different outcome for

me. So the waves were *completely free* to embed within due to *total surrender*. Surrender is an art, really; it cannot be taught, it comes from within as Wisdom by this Loving, Intelligent, Life-Vitalizing Source of All That IS.

I really was coming to know God in my consciousness because per Dan, "light when folded back on itself comes to know itself". I could feel the shifts... I could literally feel myself coming into alignment! Righteousness! And the more attention I gave to my intention to know God, the more Self-similar waves infused with Pure Creative Principle came into my being. About attention Dan says, "Fusion is the essence of human attention and (the alchemy of) Life Force because it has the symmetry recipe to produce maximum agreement among waves." The feeling of being guided comes from the waves that continue to be attracted and embedded within due to continued practice. These waves are conscious, All-Knowing and All-Powerful, and will pull your attention into focus like a tornado, like you've never focused before! Lemme say this, I could not have NOT engaged in practice; staring at walls 24x7 was never an effort, I was not in charge. The Self-organizing Perfect Universe is constantly responding to the call of Its Creations and my entire mind-body organism was under the influence of Its Omnipotence.

Inevitably implosion occurs. Think implosion vs explosion. In physics implosion is due to Self-similarity and turns compression (compassion, attention) into acceleration. It is the charge and acceleration thru light speed "moving thru the worm hole entrance point from the visible physical reality to the invisible metaphysical reality". In language straight from Dan, which took about 12 weeks for me to unpack with a little help from my friends:

#### From Dan Winter lecture----

Describing in measurable electrical engineering terms exactly what is meant by ASCENSION:

When (ideally fractal) compression geometry develops around the human aura (plasma)

- the heart (HRV) harmonics become inclusive/fractal (THE medical measurement of immune health)
- the correlate HEART COHERENCE (/BLISS) measurably increases DNA braid coherence/density
- the coherence (and fractality) of the aura embeds by phase conjugation the transverse emf component down thru the planck threshold (fractal squirt gun) into COHERENT LONTITUDINAL EMF PROPAGATION (the so called BA from the KA)
- is the wave mechanic of lucid dreaming / telepathy /ancestral memory

It is called going to the next dimension because it is measurable by frequency signature adding harmonics when axes of charge spin symmetry are superposed (which density increase is ALWAYS perfected only by fractal golden mean ratio).

From my video clip--- The flash sensation where "every particle in my body stood at attention as if meeting its maker".... intuitively I believe it to be the feeling of Birth, where every particle of my being, plasma and all, was in perfect alignment with the Universe; it was absolutely the most incredible sensation, unparalleled even to Bliss. The euphoric sensation where "something slid back in the middle of my head"... I have had people tell me it was the spiritual eye opening up, yet I have come to see it more specifically as the magnetic pole reversal required for entrance to the next dimension; I'm still contemplating this but what felt like the lid of an eye sliding away, the euphoria speaks to something with grandiose intent. The "energy that began gushing thru to top of my head like a firehose" I believe was the force of all the invalid, unshareable thoughts and corresponding negative emotions I was holding in my body organism that were released back to the Universe for dissolution.

Finally, the telepathic communication with the light body image of Ramana can be explained by the physics. Says Dan, "The next 'dimension' is accessed very specifically when the longer wave (higher order of rotation / lower frequency) gets piezoelectrically locked into phase (and into sharing charge/information) with the shorter wave (higher frequency). Golden ratio phase conjugation is specifically the best non-destructive way for waves to achieve this 'ladder to higher dimensions' which is why that wave mechanical principle is written all over DNA structure. You can see now why getting your genes locked into phase with the conjugating long wave of the Schumann resonance (a very fragile field it is not available in most cities) is how you 'talk to' — which is to say EMBED with - the Earth. You can also see why the brain wave alpha-beta frequencies of bliss and peak perception are precisely built on the exact harmonics of the Earth's Schumann resonance which is itself a precise golden ratio phase conjugate pump wave right down to Planck dimensions. What we call phone calls to God or ancestors is simply the climax form of all biological mitogenic radiation: a 'fractal field'."

This is what happened to me, living proof the Universe is negentropic, self-organizing, from chaos to the Pure Principle of Sustainability! I wanted to know God... transformation, an upgrade to higher, more evolved universal modes of thinking, feeling and being is what I got!!! From Shelley Evans, PhD, DNM, DHM, who graciously reviewed my paper, the "energetic double generator system (aka heart and brain working simultaneously in harmony) with incoming cosmic energy is compelling higher cognitive function adding complexity to sensory perceptions and will continue to produce heightened sensitivity to comprehend the photonic information for which you now have refined neurological receptor uptake capacity."

There we have it! Perfectly shareable and experiential science!

Love, Lisa Rose

An awakening can be thought of as moving from miracle and deity worship, transcending not only mythology and religion, but also most all other man-made constructs such as government, military, legal and healthcare --- institutions stemming from man's sense of separation --- to Self-Empowerment....

Self-Reliance.... Divine Knowledge-Love. In an instant all that is untrue was flashed out of my consciousness and Truth has been slowly revealed... it is so tantalizing and inviting! Now Knowing the root cause of all suffering, not Knowing Thyself, I have spent much time lately putting my healing

awareness on things plaguing humanity that otherwise I was never paying attention to mainly out of fear. I can see clearly now.

Additionally I explore the siddhis or psychic abilities which often accompany awakenings, which in Truth are simply enhanced mental faculties that all human beings may have access to, even without awakenings. It is like I am catching up to what has always been there... telepathy, lucid dreaming, remote viewing, self-healing... fun and life-vitalizing stuff like that... things associated with our Omnipresence. The title of my paper, *From Existence to Life*, is the name of another James Porters Mills book I was inspired to use, because in his words "my book of living has become My Book of Life"!

The grail in its' most profound expression refers to the fractal field (of 'bliss') generated within biology in general and DNA in particular. When the fractal self-similar charge implosion begins inside our tissue- the field effect it creates- like bliss itself- has critical mass- and is contagious. Because the grail is implosive- rather amazingly like the very principle of what a black hole itself is- eventually everything will be drawn in and organized by this self radiating self organizing principle. This is not just poetry for the romantic at heart. While it is that – it is also a compelling new physics.

Excerpt from:

Dan Winter's latest book

Fractal Conjugate Space & Time:

Cause of Negentropy, Gravity and Perception

A final reflection--- It is written, to know God is Eternal Life. I would HIGHLY encourage each member of our human race to become fully self-conscious of their Principle of Being, the I AM, the First Cause of all things that holds all the potentiality of our evolutionary trek in the Cosmos. It is without doubt the most invigorating endeavor to partake of, and our true inheritance! Seek the peak Bliss experience.... Bliss is Original Feeling resulting from a state of Consciousness that is not only everlasting but also Eternal.... should you choose Eternal Life for your Self, that IS. You would be stepping into big footsteps! Good news, the Universe has you all the way!